

## Community News

**Need Before School/After School Childcare?** NZ Nannies International have Au Pairs available to care for your children and help with housework for up to full time hours in exchange for free board and \$200-250 per week. The Au Pair can stay for 12-24 months as required. For more information please go to [www.nznannies.org.nz](http://www.nznannies.org.nz) or email [kristina@nznannies.org.nz](mailto:kristina@nznannies.org.nz)

**Why Kids Need Parents** You may never hear this come from your child's mouth, but they really do want the boundaries that only a parent can maintain. With little ones, a permissive parenting style leads to confusion, insecurity and, almost inevitably, worsening behaviour; it's as if they push and push until they finally get to a limit. They need to know where the boundary is, because it reminds them that they're safe and contained. Some parents are wary of imposing limits and consequences with their children, for fear of damaging their relationship with them; however, evidence suggests that kids without boundaries actually feel unprotected and less loved, as if their parents don't care about them enough to be tough when it counts.

*Parenting Tip* From Ian and Mary Grant, Parenting Inc

## Children's Work

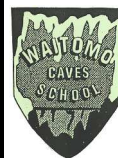
Children have been enjoying their sports afternoons of rippa rugby with KCRU regional development officer Brett Combes.



## What's Coming Up At Waitomo Caves School

26 May	Hearing and Vision Technician visit
27 May	Circus Challenge visitors
28 May	National Standards workshops
31 May	Stars College Production
2 June	COP's Winter Sports
7 June	Queen's Birthday holiday

Mrs Tamae Dimond, Principal ☺



# Newsletter

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Whaia te ara totika – Make the Right Choice

Term Two 2010

Week Five – 21 May

Dear Parents and Friends of the School

Tena Koutou Katoa

Yesterday was Cathy's last day as our office admin person. She has been a positive feature in our school and we wish her well. Thank you Cathy for all your hard work and support, we will miss you.

On Monday we welcome Bobbi Baker as our new admin person. It is great to welcome her on board and I know that with her many skills she will be an asset to Waitomo and our lovely school. Please make yourself known to Bobbi as I know that she will be please to meet you too.

Recently the senior students were involved in an author's workshop at the Te Kuiti Library. Children met with Christine Fernyhough and photographer John Bougen. Christine is the author of 'Ben & Mark: Boys of the High Country'. Thank you to Heather, Richard, Jo and Myke for providing transport in order for the children to be involved.

Thank you very much to Richard for attending and transporting our children to the Young Leaders Conference in Rotorua this week. We looked forward to an update from the students who attended.

We have a lot of excursions coming up that require transport. Your continued support in this area is greatly appreciated. Without that assistance we can't go places! We are so lucky we have a supporting



**WAITOMO  
GLOW WORM  
CAVES**  
NEW ZEALAND



• Private Bag 501, Otorohanga.

• Telephone (07) 878-8227 • Facsimile (07) 878 8858

Proudly Supporting Waitomo Caves School

community as no-one has missed out.

### Teaching Practicum

We are very fortunate to have Ms Georgina Jackson join us for the last four weeks of this term. Georgina is a Waikato University student completing her Diploma of Teaching. She will be working along side the senior class teachers and Mrs Pease is her associate teacher.

### Reporting to Parents Update

Staff have had several discussions and are working hard on reporting procedures. We are currently re-designing our report format to parents to reflect progress against the National Standards and have considered many ideas and suggestions from our community during parent meetings. We have drafted and re-drafted. We would like to share with you a draft report format for feedback next month.

### COP's Winter Sports

On Wednesday 2 June all Year 3 to 8 children will be participating in the COP's winter sports. Years 3/4 students will play soccer at the Otorohanga Domain. Years 5/6 students will play netball at the Otorohanga Netball Pavilion and our Year 7/8's will play Rippa Rugby at Island Reserve. We will need parents to help with transporting 21 children into town. Please let me know as soon as possible if you are able to provide transport and support for the day. Each team will need to be at their sports venue by 9.45am and the last round should be over around 2.00pm. Children will be expected to wear the school sports uniform and there will be food stalls at each venue. Children will need suitable footwear and extra clothing for between games. Netball children will need court shoes, soccer and rippa rugby students will require footwear for playing in however, football/soccer boots are not allowed. As I am organising the soccer event I will require parents at each venue to manage and supervise each of our teams.

We have also been asked to provide the food stall at the soccer venue which will be a great fundraising opportunity. Alannah will co-ordinate the sausage sizzle and will require support. Please contact Alannah to offer your services.

Ms Easton would like to take the junior class to Otorohanga for the afternoon to support the winter sports day teams at soccer. If you are available on the afternoon of Wednesday 2 June to help transport 11 children to town please let Mrs Dimond or Ms Easton know as soon as possible.

### Circus Challenge Visit

On the afternoon of Thursday 27 May we are having a visit from the Circus Challenge Roadshow team. The whole school roadshow presentation is an entertaining and educational experience. Following this the children will be involved in an exciting hands-on circus skills workshop full of activities that gets everyone up and active.



### Stars Production

The whole school will be attending the Otorohanga College matinee musical production at the college on Monday 31 May at 12.00 noon. This is a great opportunity for our students to participate as a good audience and see first hand what it is like to be in a performance. Once again we will require support for transporting children to Otorohanga. Please let staff know if you are available.

### Soccer Shorts

Please let us know if you wish to purchase soccer shorts for your child playing in the school soccer teams. They are \$15 each.

## FOOD LABELS

### What's in a label?

#### All foods have labels to tell you

**what is in it.** Once you can understand and interpret food labels you can work out whether a food is actually healthy for you.

There are several parts of the label that you need to consider –

- the **nutrition information panel** (a grid usually on the back that has all the nutrients and numbers in it)
- the **ingredient list**
- and the **nutrition claims** (e.g. 'lite' or 'no added sugar')

Each week we will give you more information to 'decode' food labels.

